

Celebrate Family Literacy Day

January 27, 2026

Family Literacy Day is a wonderful opportunity to strengthen connections and build lifelong learning habits together. This year's theme, "**Make Mealtime Family Learning Time,**" encourages families to turn everyday routines — like cooking, grocery shopping, and sharing meals — into fun and natural literacy-building experiences.

Mealtime offers countless chances to learn. Writing grocery lists helps children practice spelling and planning skills. Reading recipes introduces new vocabulary and math concepts through measurements and timing. Even simple dinner conversations can spark curiosity, improve communication, and develop critical thinking. These small, meaningful moments create a strong foundation for literacy while bringing families closer together. For example, try these conversation starters at dinner:

- What was the best part of your day and why?
- If you could invent a new food, what would it be?
- What's one thing you learned today that surprised you?
- How would you describe your favorite meal to someone who's never tasted it?
- If you could invite any character from a book to dinner, who would it be?

Remember, literacy isn't just about reading — it's about engaging, sharing, and exploring ideas as a family. Let's make January a month of learning, laughter, and connection — one meal at a time!

For more information and to learn about child and family programs offered through FCSS, please contact Petra DeBow at 403-795-3328.

FCSS offers programs and services for all individuals in the region, including specific supports for newcomers and Indigenous families. For more information about FCSS programs and services, please visit our website at www.fcss.ca.

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